

The Plum Creek Chronicle

MAY 2023



Memorial Day

Three years after the Civil War ended, on May 5, 1868, the head of an organization of Union veterans – the Grand Army of the Republic (GAR) – established Decoration Day as a time for the nation to decorate the graves of the war dead with flowers. Maj. Gen. John A. Logan declared it should be May 30. It is believed the date was chosen because flowers would be in bloom all over the country. The first large observance was held that year at Arlington National Cemetery, across the Potomac River from Washington, D.C. The ceremonies centered around the mourning- draped veranda of the Arlington mansion, once the home of Gen. Robert E. Lee. Various Washington officials, including Gen. and Mrs. Ulysses S. Grant, presided over the ceremonies. After speeches, children from the Soldiers' and Sailors' Orphan Home and members of the GAR made their way through the cemetery, strewing flowers on both Union and Confederate graves, reciting prayers and singing hymns. We will join the nation in remembering those that paid the ultimate sacrifice for us with a Memorial Day Ceremony being held on Wednesday, May 24th (the Wednesday before Memorial Day). We will start our ceremony by gathering all of our Veterans for a group photo at 10:30 before heading into the dining room for singing, reciting the pledge of allegiance, a prayer and recognition of each of our Plum Creek Veterans. From there we will spend the afternoon celebrating our freedom with a red, white and blue bingo party complete with music, appetizers and desserts. Also in remembrance of those who have served we will be taking a bus ride to Western Reserve National Cemetery on May 23rd at 2:00p.m. We invite residents to sign up for the bus trip at the front desk.



-May 5th
Loretta Huesdash
-May 12th
James Miller
-May 25th
Dorothy White
-May 29th
Mary Graley

We will host our May Birthday Bash on Tuesday, May 31st at 3:15p.m. in the activity room. We invite all of our residents to come join us in celebration of ALL of our May birthdays!



MEDINA COUNTY SENIOR DAY

The 2023 Medina County Senior Day is coming up on Tuesday, May 16. This year's attendees can put on their country best as they join the Medina County Office for Older Adults and event sponsors in celebrating the theme, "The Wild West." The Medina County Senior and Adult Foundation, the 501(c) (3) organization that supports operations of MCOOA, has once again funded the admission and lunch so the event is free. Be sure to stop by their table and say hello. Members of the board of Medina County Advisory Council on Aging and Disability will be pitching in to serve beverages, coffee cake, and to run the raffle table, while the entire MCOOA staff welcome you, serve lunch and make sure the day runs smoothly for everyone. Starting at 10:00 a.m., the real country flavor of the day kicks off with live music by Medina's own, "The Cookin' Country Band." Attendees can visit the sponsors' booths and learn about all the products and services that are available for the fastest-growing segment of the population: seniors. They can also have some fun posing in the photo booth. After everyone has worked up an appetite by touring the large area in the Community Center dedicated to exhibits, a Honeybaked ham box lunch will be served in the stage area! Plum Creek will be attending senior day! Residents should sign up at the front desk if they would like to attend. We will leave right around 9am and return sometime after lunch.

Bell Choir

The celebration Bell Choir used to perform for us twice a year until COVID hit. We are SUPER excited to announce they will be back on May 7th at 1:30p.m. They will host their performance in the community room. Resident family members are welcome to join their loved one for this! The music is absolutely beautiful and if you have never heard a bell choir before- this is your chance!

Mother's Day Tea

Our annual Mother's Day Tea will be held on Saturday, May 13th at 2:00p.m. We invite the ladies and their loved ones to attend this special event. The event will include appetizers, desserts, tea, wine and musical entertainment. The Mother's Day Tea has been a staple here at Plum Creek for the past 14 years and was the first event we ever hosted here! The day is really special. We kindly request that you RSVP to front desk at 330.220.4900 no later than May 5th!



Easter Bunny Brunch

A special thank you to all of the residents and resident family members who attended our Easter Bunny Brunch. We really enjoy being able to host these events where residents are able to have their loved ones join them! For many years our residents were able to host their loved ones in their homes for special occasions—we like to ensure this is still possible for them!



A very special congratulations to our Plum Bucks winner of the month—Olha! Olha has only been with us at Plum Creek for a few short months now but the impact she has made is huge. She is the most incredible person! She is always smiling, happy and even singing. She works in dining services and also plays the piano for our Plum Creek Singing Angels Choir. Most recently Olha played a song for the residents reminding them to pray for her family back home entitled "Pray for Ukraine". She is incredibly talented and SO friendly and nice. We are so lucky to have her on our team.

Why Routine is SO Important for Folks with Dementia

In the early stages of the disease, daily routines help people living with dementia navigate their world in a predictable way and add a sense of order to their days — something that becomes even more important as they lose awareness of time. Plus, since routines are stored in long-term memory and dementia usually affects short-term memory first, routines often remain accessible even into the middle stages of disease.

Because they struggle with short-term memory loss, people living with dementia find it difficult to learn new ways of doing things. They may struggle to remember instructions or to stay focused for more than a short time. Daily routines help people with dementia cope with these signs of short-term memory loss by engaging them in activities that are familiar. Since they know they'll eventually lose the ability to do many everyday tasks, continuing to do these things for as long as possible becomes especially important. It reinforces a sense of independence, builds self-esteem, and can even help them retain skills longer.

Another significant advantage of daily routine for dementia patients is a reduction in anxiety. As the disease progresses, people living with dementia tend to become increasingly frustrated with their loss of cognitive and physical abilities. Routines can help them face the day with a greater sense of peace and security, which helps lessen agitation and troublesome behaviors.

Save the Date!

Our
Father's Day
Picnic in
celebration
of all of our
guys will be
Saturday,
June 17th!

Compassionate Living, Comfort & Wellness.

Healthy relationships are necessary at every age, but the importance of socialization for seniors cannot be overemphasized. Consistent social interactions help keep people mentally, physically and emotionally fit. Of course, they also fend off the difficulties inherent to isolation and make our lives feel more meaningful in an overall sense.

Plum Creek

A Senior Assisted Living Community
Family Owned

CALL TODAY TO SCHEDULE YOUR PERSONAL TOUR

891 Marks Road | Brunswick | 330.220.4900
www.PlumCreekSeniorLiving.com

