

Plum Creek
A Senior Assisted Living Community
Family Owned & Operated

Dear Resident Family Member/ Friend:

What can I do to help prevent the spread of COVID-19 to my loved one and other residents while visiting in Assisted Living? Wear a face mask or face covering, wash your hands before you visit and sanitize your hands as you enter the visitation area, try not to touch your face. Refrain from touching your family member or friend while visiting. If you /family/Friend feel sick prior to visiting understand the importance of rescheduling your visitation time.

COVID-19, or coronavirus disease 2019, is respiratory disease. Symptoms, which generally appear two to 14 days after exposure, include cough or shortness of breath/difficulty breathing. These symptoms range from mild to severe; however, some people with COVID-19 have no symptoms which is why it so important to wear a mask while visitation is taking place. It is important to fully respond to all the screening questions you are asked in terms of symptoms or contact with individuals either with active COVID-19 or who have been exposed to COVID-19.

COVID-19 is believed to spread mainly from person-to-person, between people who are in close contact (within about 6 feet) with one another and through respiratory droplets produced when an infected person coughs or sneezes. It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or eyes.

Older adults may show very different signs and symptoms, such as lethargy, disorientation and general fatigue. Older adults, people with chronic health conditions, and people with compromised immune systems are more likely to become more severely ill which is why all recommendations should be followed during visitation with your loved one.

This time has been difficult for everyone involved. You, as Family members/Friends have done an amazing job helping our community keep your loved one safe. We understand and appreciate your role in this as well. We ask that you continue to work with us as we move into this new and exciting phase of visitation. We want to remind you that in some cases your loved one may not respond as you expected when you are first visiting. It may take a little time for them to “get used to you again”. Being positive, reassuring and loving should be the order of the day.

We look forward to the beginning stage of this reopening for both you and your loved one. We are here to assist in any way possible during this transition and appreciate your efforts to continue to keep your loved one safe and healthy.

Sincerely,

Christina Waller